

AUTUMN Food Fest

WINE OFFERS

Wine of France

MARCEL MARTIN
SAUVIGNON BLANC
£24

MARCEL MARTIN
CABERNET SAUVIGNON
£24

MARCEL MARTIN
SYRAH ROSE
£24

SOUP OF THE DAY

GUERNSEY LOBSTER MAC & CHEESE
classic macaroni and cheese gratin

PRAWN COCKTAIL (GF) (DF)
dressed salad, marie rose sauce

LOCAL CHARGRILLED OCTOPUS (DF)
romesco sauce & citrus oil

SALT AND PEPPER CHICKEN (DF)
sweet chilli, Asian salad

MUSHROOM ADOBO CROQUETTES (V)
prune & soy ketchup

MENU AVAILABLE

1 October - 30 November 2026
LUNCH (EXCLUDING SUNDAYS):
12PM - 1.45PM

DINNER:
6PM - 8.45PM

LEMONGRASS BONELESS CHICKEN THIGH (GF) (DF)
wild black rice, pickled onions, avocado, mango & chilli salad

PAN-FRIED BREAM (GF) (DFO)
crushed new potatoes, green beans & citrus oil

MEDITERRANEAN TOMATO & OLIVE LINGUINE (VE)
tomato sauce, sun-dried tomatoes, black olives,
capers, basil & olive oil

7OZ IRISH SIRLOIN
French fries, roasted vine tomatoes, onion rings
add Peppercorn or Bearnaise sauce

SIGNATURE THAI RED CURRY (GF) (DF)
authentic vegetables & spices,
coconut milk & steamed basmati rice
choice of **Lobster** (£4 Supplement) or **Vegetable**

HOMEMADE VANILLA CHEESECAKE
Choice of salted caramel, raspberry or passion fruit & mango

TRIO OF ICE CREAM
vanilla, chocolate, strawberry, mint choc chip,
honeycomb, salted caramel, rum & raisin

CHEESE BOARD (£2.50 supplement)
Selection of local and artisan cheeses, Red Onion Marmalade &
Accompaniments

APPLE & PEACH CRUMBLE
vanilla ice cream

SIDES:

SWEET POTATO FRIES £5
FRENCH FRIES £3
COURGETTE FRITE £3
GREEN BEANS £3

2 COURSES £25 / FULL MENU £30

GF = Gluten Free | DF = Dairy Free | DFO = Dairy Free Option Available | V = Vegetarian | VE = Vegan
Please note: For groups of 6 or more, a discretionary service charge of 10% will be added to your bill.
All our food is prepared in our kitchen where nuts, gluten and other food that could potentially cause allergies may be present. Our menu description does not specify all ingredients, please advise of any allergies.



Le Friquet Hotel

HOTEL • RESTAURANT • COCKTAIL BAR



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