



# La Barbarie

— by Eight Continents —

## The Big Eat Menu

**Creamy Seafood Chowder**  
*Garlic Croutons*

**Chicken Gyro**  
*Salad, Flat Bread, Tzatziki*

**Pan Fried Prawns**  
*Chili, Ginger and Garlic Butter*

**Guernsey Goats Cheese**  
*Rocket, Walnut and Peach Salad, Beetroot Dressing*

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**Grilled Sea Bass**  
*Crab Risotto, Samphire, Shellfish Cream*

**Slow Roast Shoulder and Spring Lamb**  
*Rosemary and Garlic Sauce*  
*Creamy Mash, Fine Green Beans*

**Breast of Chicken wrapped in Air Dried Ham**  
*Stuffed with Spinach and Mushrooms*  
*Creamy Mustard Sauce, Tenderstem Broccoli*  
*Sauté New Potatoes*

**8oz Ribeye Steak**  
*Grilled Mushroom & Tomato, Rustic Cut Chips*  
*(£5.00 Supplement)*

**Roast Vegetable Tart with Feta**  
*Basil Dressing, Green Salad, Sauté New Potatoes*

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**Banoffee Bread and Butter Pudding**  
*Custard*

**Tiramisu Cheesecake**  
*Coffee Bean Sauce*

**Apple Ginger Crumble Sundae**

**Selection of Guernsey Dairy & Le Hechet Farm Ice Cream**

**Guernsey Cheese Board**  
*Guernsey Mature Cheddar, Smoked Mature Cheddar, Waterloo*  
*& Barkham Blue (made with Guernsey Dairy Produce)*  
*Fig Relish & Crackers*

**2 Course £28.50 3 Course £35.50**  
Available every Lunch & Dinner (excluding Sunday Lunch)

Dishes may contain nut/nut derivatives. Fish dishes may contain bones.  
If you have any food allergies or food intolerances, please ask a member of  
waiting staff about the ingredients in your meal before placing your order  
Our Shellfish is handpicked and may contain small pieces of shell.

For Groups of 8 or more a discretionary service charge of 10% will be added to your bill  
(Please note for groups over 8 we do not accept split payments)

